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Thank you for registering for the Lone Operator Course

In this document you will find some valuable info for the course, so you are welcome to save and/or print this document for future reference.

Fortis is known as one of the leading companies in South Africa and abroad, offering quality training, risk analysis, intelligence gathering, anti poaching, CPO operations and quality equipment and advice -- for anyone from the individual civilian to large corporate companies.

Established in 1994, Fortis continues to grow from strength to strength. The combination of skilled management, experienced operators and a growing band of highly professional instructors are the cornerstones that allow Fortis to rightfully take its place among the leaders in the industry.

TRAINING

One of our core functions is intelligence gathering. We have specifically developed courses to facilitate this. One of the prime aspects in this regard are crime trends. Keeping abreast of crime trends is imperative as we do a lot of consultation work. Using the data for this, we then shape our courses accordingly, to ensure we bring you training suited to the current situation.

And this is exactly what Lone Operator is about - the course keeps morphing because crime keeps changing. There is always new content and context for this course - hence the continuous nature.

We are also well known for collaboration with a variety of top instructors not only in South Africa, but around the world. This enables us to expose you to a variety of instructors and training styles during the Lone Operator Course.

LONE OPERATOR CONCEPT AND OUTCOME

The course was built after dissecting what is available currently and addressing what we deemed to be shortcomings and opportunities.

So Lone Operator is because you and you alone will be your own first responder. Thereby making a Lone stand. And at the rate that crime is escalating you need to be on an Operator level to effectively and successfully make that stand - thereby making you a Lone Operator.

In the LO course we cover the 4 basic elements that will enable YOU to successfully defend yourself and your loved ones :-

1. Fitness
2. Mindset
3. Kit and equipment
4. Physical ability - the how to part

The course is run over a 12-month period, starting with benchmarks to determine where you currently are and building that up to a higher level over the duration of the course. During this time you will be tested and evaluated and it will be expected of you to train, train, train, train. If you start lagging, it will be addressed with you.

Keep in mind that it is only you against yourself - when you are going to be attacked, none of the instructors will be there - you will be on your own, so if you are not working to improve yourself, your chances of survival will not increase. It is what it is.

The aim of the course is to give you realistic, up-to-date training. It is not a fun shooting event. You will sweat. You will be pushed to work harder. You will be put under duress. But, during this period you will mingle with like-minded people and build strong friendships. You will become part of the LO family.

For maximum benefit you must bring your A-game to this course. In order to wear the badge, you need to successfully complete all 12 modules.

KIT

Let's talk Kit.

Fortis has moved all their personal kit sales to Geardo. Therefore the company you will deal with directly is Geardo - <http://www.geardo.co.za> - and as a member of the Lone Operator course you will qualify for discounts from them.

Please contact Geardo directly with what you need - admin@geardo.co.za - their service is fast and efficient and we have tested the kit they sell. Our instructors are using the very same kit throughout this course.

What you will need on this course

1. Your own licensed handgun plus holster and magazines. We do most of our shooting from everyday carry positions, so this is the basis of it all.
2. Your own set of shooting glasses and ear protectors.
3. It is advisable to do the course in long pants - just trust us. And always a good idea to pack an extra pair. Ensure you bring warm jackets and always a raincoat. We don't necessarily stop for rain.
4. A handheld flashlight - we advise the Speras E1 as it is suitable for inside and outside use and great value for money. You can order from Geardo.

5. Shoes - always wear shoes suitable for the range - something that can take a beating and stay on your feet - i.o.w. not Crocs.
6. Sun block - always put on sun block and bring sun block to the range. Days are long.
7. Hat - your own choice between cap or hat - but if you stick around long enough you will get a Lone Operator cap as well.
8. Body armour or plate carrier. From the 5th session you will be wearing plate carrier/body armour.

When you are on LO you can buy your plate carrier from Geardo and pay in two installments and still qualify for the discount. If you pay in four installments you will pay the full retail price but get the benefit of the installment payments.

The plate carrier is very controversial and a lot of people in the industry have questions about this. So why do we train with these? Simply because people buy them. We'd rather teach you the correct way than you buy kit that doesn't work. During this course you will be using the plate carrier often and you will understand why we've designed ours the way we did.

Also - we will gently remind you of the widespread riots in 2021 - when everyone was rushing to buy a plate carrier. South Africa today is NOT South Africa of 10 years ago anymore. And it won't be the same in 5 years from now.

9. Gloves - optional - in some modules it will help. You can buy very affordable gloves at Johnsons that works just as well as the more expensive brand names out there.

10. Knives - during the course you will do a knife module - this is the time to ask all your knife related questions. If you need any additional product just hit up Geardo and you will be sorted. Don't rush out to buy a knife - learn on the module first what to buy.

11. Medikit - IFAK - we will and educate you in the use of IFAKs and medical kit. After this module it is time to start shopping. Start with Geardo and also check other places like Tactical Quartermaster and/or Deployed Concepts.

If you need anything such as holsters, tactical belts, radios etc, discuss with us so we can advise you on what to look for. We are nice like that.

SYLLABUS - WHAT DO WE COVER

The instructor in charge of the program is Leo Prinsloo - our local Chuck Norris. Leo heads and shapes the course as we run and will also present some of the modules on the course. Rest assured that all the instructors we use have been trained to present the LO program to ensure that the people in Durban will get exactly the same program as those in Polokwane.

The course covers a wide range of topics including but not limited to firearms fundamentals, firearm safety, mindset, fitness, tactical movements, CQB for 1 and 2 man teams, knives, stop the bleed and Tacmed, night patrolling, some movement and Camo, shot placement, philosophy, fitness and did we mention Mindset? The content was developed to ensure you understand your body mechanics in

a 3D environment and are skilled in using weapons like the firearm and knife to defend yourself successfully.

You will have access to other online modules/courses during the year all at a discounted price to help you build your complete safety plan and strategy. Year 1 is followed by a level 2, which has a qualification requirement. Level 2 is a natural progression that further develops skills learnt on Level 1.

HOW

Monthly over 12 months (see explanations below)

- Session times
- Skip session what now
- Responsible for own kit - Gardo
- Responsible for own fitness
- Responsible for homework - train train train
- Evaluations
- Venues
- Various instructors
- Communication channels - email & whatsapp [enquiries@fortisgroup.co.za]

The course runs over a period of 12 months - 1 Saturday per month which is 1 module. Courses are full day courses in 95% of the cases, starting around 7h30 and finishing around 17h00. Night shooting runs into the night. And the final session is an overnight session - starting on the Friday late afternoon and running to the Saturday late afternoon.

What if you skip a session? We prefer that you don't, that is why we present you with a year program on day 1. This allows you to plan your year ahead. For logistics on our side, we prefer you stick to your own team/group. But we do understand life gets in the way sometimes. So if you do miss a session and there are other teams running in your area, you can do a catch up of that session with one of the other teams - refer to the year program for this. You must complete all 12 sessions in order to qualify for your certificate and LO badge.

You are responsible for your own kit - refer to the kit section and discuss with Gardo. On the night shoot you will need a flashlight. From session 5 you will need a plate carrier. That gives you enough time to get this sorted. You are also responsible for your own fitness and to increase your fitness level. We have heard ALL the excuses, so don't bother with that. If you have a shoulder injury, then show up on Saturday and tell the instructor on duty that you won't be doing pushups. It is you against yourself. No need to ask for permission or send a whatsapp for that. Have the injury, sort the injury, heal and get back on track.

You are responsible to go and train at home. We will pick up quickly if you don't. Don't let it get to evaluation time and we tell you that you suck. Because that will suck. And we don't like it if it sucks.

Be the responsible operator - it is your life. Evaluations help us determine if you are growing or not. Just go with it.

Venues - it happens from time to time that we cannot use a venue and we get notified at the last minute. Then we need to implement last minute changes. This is Lone Operator. We will not be checking if you put your socks on. You will receive short, cryptic messages containing all you need to know. The what, where and when. If this bugs you, it's going to keep bugging you for the duration of the course. We will not remind you to bring your range bag. We will tell you how much ammo you need though.

The course is set to give you a glimpse on how real operators operate - landing in a foreign territory with zero time to adapt but having to adapt and improvise to get on with the job. If you are attacked, you will be on the back foot. You will be on the defensive. You will not have time to plan but will have to react. This is part of Lone Operator. If you cannot handle situations like this, then this is not the course for you.

Various instructors - you will be exposed to various instructors throughout this course. This is to use their expertise in order to bring you the best, but also to ensure we can reach as wide an audience as this program has become. Learn from every one of them and build your world. Make sure you become that better operator.

Communication via WhatsApp and email. Most of our communication happens via a WhatsApp group designated for that. This group is about info - not about sharing memes please. So let's keep it like that. We also send info for next sessions rather close to the time as we have found that if we send the info too early then people keep asking about it the closer we get to the date. If you need to confirm something you can also mail us at enquiries@fortisgroup.co.za - that is a mail that goes to all the partners, meaning someone will pick up the slack.

SUMMARY

In summary - this is what is important. Shot placement is key. We shoot them in the face. The course is built from level 0 to level 10 over the 12 months, so expect pressure from the instructors. They will constantly push you to work harder. They will keep putting pressure on you so you can function when the shit hits the fan.

Put in the work. Do the time. Go home, train, train, train. Put in the effort, do the homework and come back so that we can build on to the next level. Don't be that person that holds the group back.

At the end of the day you will earn the LO badge, but you will have to earn it. We are not giving it away. Because real life doesn't have second prizes. Hopefully you never get to use what we teach you, but, if you need it one day, it is better to have it and to have an abundance of it, than wishing you had it.

WHAT NEXT

Understand the commitment. If you are ready, then let us know via email you are ready to get started and we will send you an invoice. Upon receipt of the invoice you will pay month 1 fee and that will book your spot.

PLEASE NOTE - we don't keep slots for people - only the payment of the amount will reserve your spot. In the past, we've burned out fingers on this one.

ALSO NOTE - you will not receive a confirmation of payment. Once you've paid and send us the POP, you are on the list. You will then receive a mail closer to the time to confirm final details and be added to a whatsapp group to convey info.

If you do have any other questions, please feel free to drop us an email -
enquiries@fortisgroup.co.za

And if you are ready to join us on Lone Operator, then send that confirmation mail NOW!!

Sincerely



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Managing Director